

DEFECTIVE METABOLISM OF VITAMIN B₁₂ IN FIBROBLASTS
FROM CHILDREN WITH METHYLMALONICACIDURIA

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Received May 24, 1971

SUMMARY. Fibroblasts from a patient with B₁₂ responsive methylmalonicaciduria and from a second patient with methylmalonicaciduria plus abnormal sulfur amino acid metabolism were examined for their ability to accumulate the two B₁₂ coenzymes, deoxyadenosyl-B₁₂* and methyl-B₁₂, and for N⁵-methyltetrahydrofolate homocysteine methyltransferase activity. Cells from the first patient accumulated very little deoxyadenosyl-B₁₂ but accumulated methyl-B₁₂ normally. His cells had normal methyltransferase activity when assayed with and without added methyl-B₁₂ coenzyme. In contrast, cells from the second patient accumulated neither coenzyme. Methyltransferase activity was very low when assayed without added methyl-B₁₂ but increased markedly when coenzyme was added. We conclude that both patients have primary defects in vitamin B₁₂ metabolism and that these defects are biochemically distinct.

Two mammalian enzymes are known to require a B₁₂ coenzyme (1). One is methylmalonyl-CoA mutase which catalyses the isomerization of L-methylmalonyl-CoA to succinyl-CoA and requires as coenzyme, deoxyadenosyl-B₁₂. The second B₁₂ requiring enzyme is N⁵-methyltetrahydrofolate homocysteine methyltransferase (methylFH₄-methyltransferase) which catalyses the methylation of homocysteine to methionine while regenerating tetrahydrofolate from methyltetrahydrofolate. Isolation of methyl-B₁₂ from the methylFH₄-methyltransferase of porcine kidney (2) as well as from the enzyme of *E. coli* (3,4) strongly supports methyl-B₁₂ as the cofactor for the methyltransferase.

Recent investigations of two children with methylmalonicaciduria have suggested that abnormalities in the metabolism of vitamin B₁₂ underlie their disease states (5,6). One of these children, R.P., had B₁₂ responsive methylmalonicaciduria (7). In culture his fibroblasts were shown to have a normal methylmalonyl-CoA mutase apoenzyme but to contain only a small fraction of the normal amount of deoxyadenosyl-B₁₂ (8). Treating the child with huge

*B₁₂ is used in place of cobalamin, i.e. cyano-B₁₂ for cyanocobalamin, etc.

doses of vitamin B₁₂ (1000 µg/day) led to 70% reduction in methylmalonate excretion, and growing his fibroblasts in a culture medium supplemented with large amounts of cyano-B₁₂ or hydroxo-B₁₂ (1µg/ml) corrected the deficient mutase activity in the cells and restored the amount of intracellular deoxyadenosyl-B₁₂ to normal. No abnormality of sulfur amino acid metabolism was found in this child.

In the second child with methylmalonicaciduria, E.M., both B₁₂ requiring reactions were blocked. Post-mortem examination showed a very low deoxyadenosyl-B₁₂ content of liver and kidney (5) and studies with cultured skin fibroblasts had findings compatible with deficient methylmalonyl-CoA mutase activity which was corrected by adding 1 µg/ml of hydroxo-B₁₂ to the culture medium (9). In contrast to the first child, E.M. also had abnormalities of sulfur amino acid metabolism (5,10). Decreased methionine and increased homocystine and cystathionine were found in plasma and tissues. MethylFH₄-methyltransferase activity in fibroblast extracts was barely detectable when assayed without added methyl-B₁₂ whereas activity increased greatly with methyl-B₁₂ in the assay medium (9).

Both of these children appear to have defects in the biosynthesis of B₁₂ coenzymes. The problem is different in the two, for R.P.'s defect involves only the deoxyadenosyl-B₁₂ dependent reaction, while E.M.'s defect blocks both the deoxyadenosyl-B₁₂ and the methyl-B₁₂ dependent reactions. In this report direct evidence for the hypothesis of abnormal B₁₂ metabolism, with a different abnormality in each child, has been obtained by measuring the accumulation of newly synthesized B₁₂ coenzymes in cultured fibroblasts, and by performing studies of methylFH₄-methyltransferase activity in R.P.'s fibroblasts similar to those carried out previously in E.M. (9).

MATERIALS AND METHODS

Fibroblasts were grown from skin biopsies from R.P., the 3 year old boy with B₁₂ responsive methylmalonicaciduria; from E.M., the 7 week old infant with methylmalonicaciduria plus abnormal sulfur amino acid metabolism; and from several controls, ages 1 week to 35 years. Cells were grown in tissue culture as previously described (9,11). The cultures were maintained in absolute darkness except for occasional exposure to dim light during examination or manipulation. Methods for assay of methylFH₄-methyltransferase activity and protein concentration (9,10) and for measuring the accumulation of B₁₂ coenzymes (11) have been published. A sample of propyl-B₁₂ was provided through the kindness of Mr. C. Spears and Dr. H. Weissbach.

RESULTS AND DISCUSSION

N⁵-Methyltetrahydrofolate homocysteine methyltransferase. The results of assays of methylFH₄-methyltransferase activity in cell free, gel filtered extracts of control cells and cells from E.M. and R.P. are summarized in Table 1. The methyltransferase activity in extracts of R.P. cells was within the control range, whether assayed with or without added methyl-B₁₂, and whether the cells had been grown in basal medium or in medium to which hydroxo-B₁₂ had been added in a concentration of 1 µg/ml. In contrast, as has been shown previously (9), the methyltransferase activities in E.M. cells differed from control activities in several ways. Extracts of cells grown in basal medium had no significant methyltransferase activity if the assays were done without an added B₁₂ compound. Addition of methyl-B₁₂ restored activity to 57% of the mean control value. Extracts of cells grown in medium with added hydroxo-B₁₂ contained only 6% of mean control methyltransferase activity when assayed without added B₁₂. Addition of methyl-B₁₂ restored activity to 31% of control.

By analogy with the B₁₂ dependent methyltransferase from E. coli we have interpreted the methyltransferase activity in the absence of added B₁₂ as a measure of methyltransferase holoenzyme (apoenzyme complexed to suitable B₁₂ coenzyme) and the activity in the presence of methyl-B₁₂ as a measure of total enzyme (holoenzyme plus apoenzyme). For the E. coli enzyme, methyl-B₁₂ is specifically able to convert apoenzyme to holoenzyme, whereas propyl-B₁₂ is not (12). We tested the effect of propyl-B₁₂ (13.6 µg) in our standard assay. No significant methyltransferase activity was observed in extracts of E.M. cells grown in basal medium and assayed in the presence of propyl-B₁₂. In control cell extracts, propyl-B₁₂ did not increase enzyme activity above the level observed in an assay without added B₁₂. This result supports the previous interpretation that the activity with no added B₁₂ ratio is a measure of the fraction of total enzyme present as holoenzyme.

Control cells grown in basal medium have about half their methyltransferase present as holoenzyme. Cells grown with added hydroxo-B₁₂ show 84% of total enzyme as holoenzyme. R.P. cell extracts are normal in this regard. In E.M. cells, however, only a small fraction of total enzyme is present as holoenzyme, even when the cells are grown in the presence of hydroxo-B₁₂. Almost all of this active methyltransferase protein is apoenzyme. We believe the striking deficiency of methyltransferase holoenzyme in E.M. cells occurs because of a failure of the cells to supply the B₁₂ coenzyme required for activity.

Accumulation of B₁₂ coenzymes in fibroblasts. The data describing the accumulation of total B₁₂, deoxyadenosyl-B₁₂, and methyl-B₁₂, by fibroblasts

TABLE 1: N^5 -Methyltetrahydrofolate Homocysteine Methyltransferase Activity in Extracts of Control Cells and Cells from Patients with Methylmalonicaciduria

Conditions	Activity (nmole methionine formed/mg protein/hr)		
	Controls	Patients with methylmalonicaciduria	
		E.M.	R.P.
<u>Cells grown in basal medium</u>			
No added B_{12}	4.2 (2.9-7.3)	0.03 (0-0.08)	4.6 (5.0, 4.3)
With methyl B_{12} , $5 \times 10^{-6}M$	7.9 (6.1-11.3)	4.5 (3.5-5.7)	7.8 (7.8, 7.9)
Unsupplemented activity, %	53 (41-65)	0.7 (0-2)	59 (64, 54)
<u>Cells grown in basal medium + hydroxo-B_{12} (1 $\mu g/ml$)</u>			
No added B_{12}	15.6 (11.5-18.7)	0.9 (0.6-1.4)	12.9 (10.9-15.4)
Methyl- B_{12} , $5 \times 10^{-6}M$	18.8 (14.3-23.4)	5.9 (4.6-7.1)	15.6 (14.4-18.1)
Unsupplemented activity, %	84 (73-98)	15 (11-25)	82 (76-86)

Cell free extracts were prepared and subjected to gel filtration before assay without added B_{12} or with an optimal concentration of methyl- B_{12} . Cells were studied from 15 control subjects, comprised of 6 normal volunteers, 4 patients, or relatives of patients, with diseases not known to involve abnormalities of amino or organic acid metabolism, and 5 patients with homocystinuria due to cystathionine synthase deficiency. There was no systematic difference in the methyltransferase activities of these groups. The values listed are mean specific enzyme activities with the range of observed values in parentheses. For the control subjects, the ranges indicate variation among values for individual cell lines. For the patients with methylmalonicaciduria, the ranges indicate the variation among repeated measurements on separate samples of cells grown from one or more biopsies of the patient in question. The numbers of cell samples assayed follows. (a) Cells grown in basal medium: control cells, 11; E.M., 8; R.P., 2. (b) Cells grown in basal medium + hydroxo- B_{12} : control cells, 15; E.M., 4; R.P., 3. The unsupplemented activity, as percent, was calculated by:
$$\frac{\text{activity with no added } B_{12}}{\text{activity with methyl-}B_{12}} \times 100.$$

Values for control cells and E.M. represent current means and ranges and are extensions of previously published values (9).

grown in culture are summarized in Table 2. It should be emphasized that the experimental method measured labelled coenzymes synthesized from ^{57}Co -

TABLE 2: Accumulation of B₁₂ Coenzymes by Cultured Fibroblasts from Control Subjects and Patients with ¹²Methylmalonicaciduria

Subjects Studied	Cobalamin Accumulation (pg/mg wet weight)		
	Deoxyadenosyl-B ₁₂	Methyl-B ₁₂	Total B ₁₂ accumulation
Controls	0.26 ± 0.09 (19)	0.38 ± 0.12 (15)	1.81 ± 0.46 (38)
R.P.	0.01 (10) (0-0.03)	0.52 ± 0.23 (7)	2.04 ± 0.58 (23)
E.M.	0.005 (6) (0-0.016)	0.013 (6) (0-0.055)	0.56 ± 0.12 (16)

Skin fibroblasts were grown in culture medium containing ⁵⁷Co-hydroxo-B₁₂ as precursor vitamin (140-200 pg/ml). At confluence (3-5 days), the cells were harvested and the cobalamins extracted and separated by thin layer chromatography. The newly synthesized ⁵⁷Co-labelled coenzymes, deoxyadenosyl-B₁₂ and methyl-B₁₂, were quantitated radioisotopically with a gamma counter. The quantitation of total labelled B₁₂ accumulation by the cells assumed that the ⁵⁷Co remained in cobalamins. ¹²Data are given as mean ± SD or mean and range plus number of observations in parentheses. Control cells came from biopsies of 8 subjects, both infants and young adults.

hydroxo-B₁₂. Fetal calf serum, a necessary part of the growth medium, provided an unlabelled cobalamin pool which also contributed to coenzyme synthesis (11).

R.P. cells contained similar amounts of total labelled cobalamin as control cells and they had accumulated as much, and perhaps more, methyl-B₁₂. However, there was almost no accumulation of deoxyadenosyl-B₁₂ by R.P. cells. This was true for cells grown to confluence (72-120 hr) or for shorter periods (12, 24 or 48 hr). Previous data had shown a normal methylmalonyl-CoA mutase apoenzyme in R.P. cells but very low deoxyadenosyl-B₁₂ content unless the cells were grown in medium supplemented with a high concentration of hydroxo-B₁₂ (8). The new finding, that R.P. cells accumulate methyl-B₁₂ but do not accumulate significant deoxyadenosyl-B₁₂ when grown in medium with physiologic amounts of precursor vitamin, provides strong evidence for a defect in the synthesis of deoxyadenosyl-B₁₂. This defect would lead to deficient mutase activity despite a normal apoenzyme since there would be a deficiency of holoenzyme.

E.M. cells differed from control cells and from R.P. cells. There was virtually no accumulation of deoxyadenosyl-B₁₂ or methyl-B₁₂ either at

confluence or at shorter times. In addition, the total amount of labelled cobalamin attached to or within E.M. cells was only one-third the amount in control cells after 4 days in culture. Failure to accumulate deoxyadenosyl-B₁₂ explains the deficient methylmalonyl-CoA mutase activity in these cells and failure to accumulate methyl-B₁₂ accounts for the deficient methylFH₄-methyltransferase activity. These observations explain the clinical observations in E.M.: methylmalonicaciduria caused by deficient mutase activity, and abnormal sulfur amino acid metabolism caused by deficient methyltransferase activity.

Recent work has begun to elucidate the synthetic pathways for the B₁₂ coenzymes. Walker, et al. have shown in Clostridium tetanomorphum that hydroxo-B₁₂ (Co⁺⁺⁺) is reduced in two enzymatic steps, first to B_{12r} (Co⁺⁺) and then to B_{12s} (Co⁺) before adenosylation from ATP yields deoxyadenosyl-B₁₂ (13). The adenosylation of reduced B₁₂ has also been demonstrated in mammalian cells (14). Since methyl-B₁₂, like deoxyadenosyl-B₁₂, also contains Co⁺, there must be reduction steps at some point in methyl-B₁₂ synthesis. Further details of methyl-B₁₂ formation are not known at present and it is not clear whether reduction steps are shared in the synthesis of the two coenzymes.

An attractive hypothesis for the defect in R.P. cells would be a failure of adenosylation of B_{12s}. E.M. cells accumulate neither coenzyme, nor do they appear to accumulate precursor vitamin normally. These findings could result from a defective membrane binding or transport of the B₁₂ molecule into the cell, or from a block in an early intracellular step common to the synthesis of both coenzymes. Excessive loss of coenzymes by degradation or efflux from the cell offers another alternative explanation. Work is in progress to investigate these possibilities.

Acknowledgement. This work was supported by research grants from the USPHS (AM 12579) and the John A. Hartford Foundation; by training grant HD 00198 (M.J.M.); and by research career development award AM 28987 (L.E.R.). We thank Dr. Robert H. Abeles for his continuing advice throughout these investigations.

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